



WHAT YOU NEED TO DO TO BE PROFICIENT THIS SEASON.

- 1. DO YOUR ONLINE SKILLS MAINTENANCE BEFORE REGISTERING MANDATORY
- 2. REGISTER TO A FACE TO FACE SESSION ATTEND AND COMPLETE. BRING YOUR CPR FACE MASK AND BE SURE TO SHOW UP TO THE SESSION REGISTERED.
- 3. COMPLETE YOUR WET SESSION WITH A PATROL CAPTAIN DURING PATROL. THIS CAN BE DONE WITH ANY PATROL CAPTAIN. THEY MUST RECORD ALL NAMES ONCE COMPLETED AND EMAIL DIRECTLY TO CHIEFINSTRUCTOR@MANLYLSC.COM WITH COMPLETION DATE AND FULL NAME AND DATE OF BIRTH.
- 4. MUST WEAR HIGH VIS FOR THE WET PROFICIENCY.



The 2025/2026 season is updating our CPR to LIFESAVING CPR.

This has proven a massive 20% increase in people's recoveries when receiving CPR. This is a huge number and shows how important this upgrade is.

It is MANDATORY to complete your online eLearning prior to attending a face-to-face session This is to help us condense where possible, the sessions will still be 1 hour 45 minutes.

Please help us to help you and remember the trainers are giving up huge hours this season.

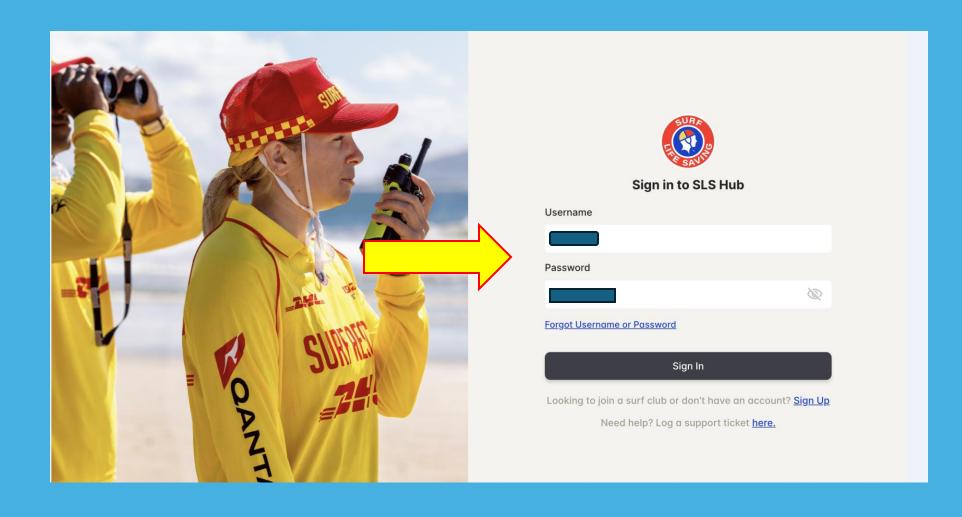
Please be sure to complete this and show up on time and to the session you register for.

Please bring your CPR mask if you have one.



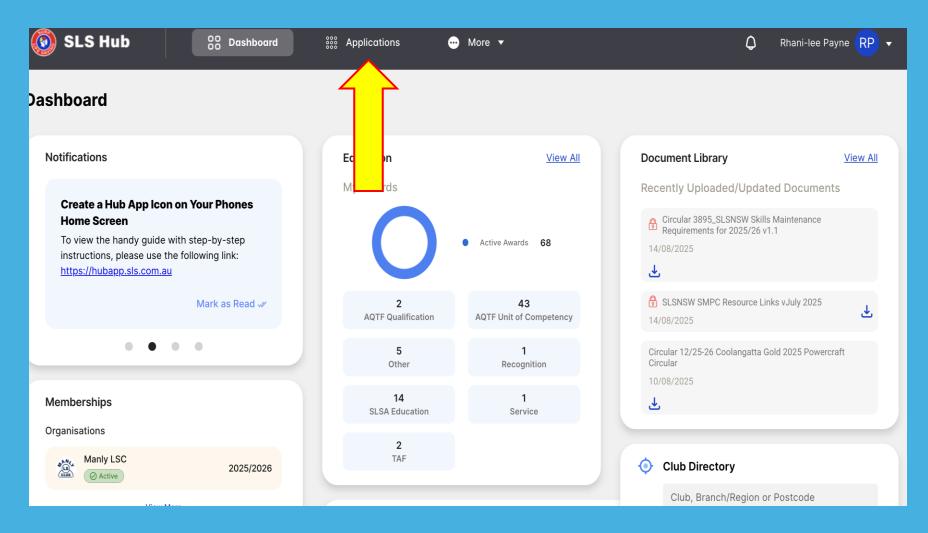
Log in to your SLS NSW Members Portal.

You can find this via the following link - https://hub.sls.com.au/



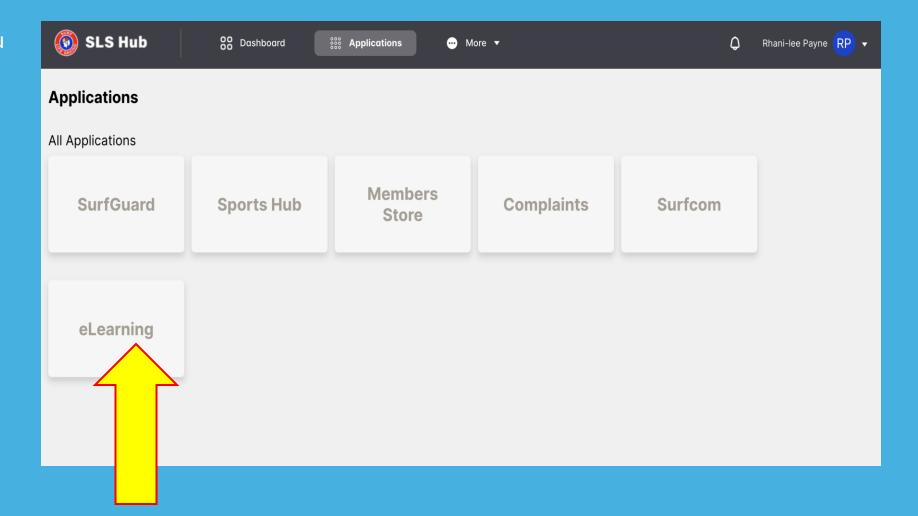


On the home page of your SLS NSW Members portal click into 'APPLICATIONS'



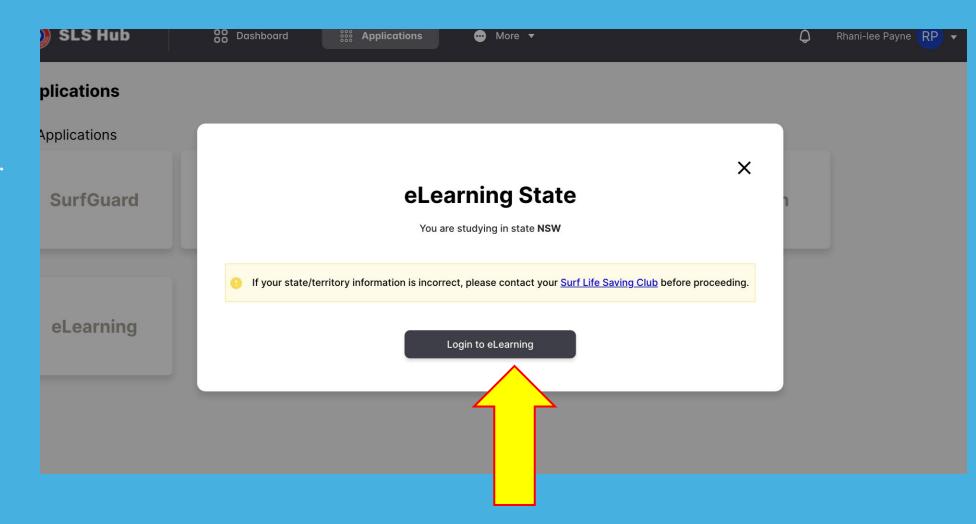


Once in Applications you will see the below.
Please then click into your
'E LEARNING'





The below box will appear please click the login button again to continue onto your E learning.



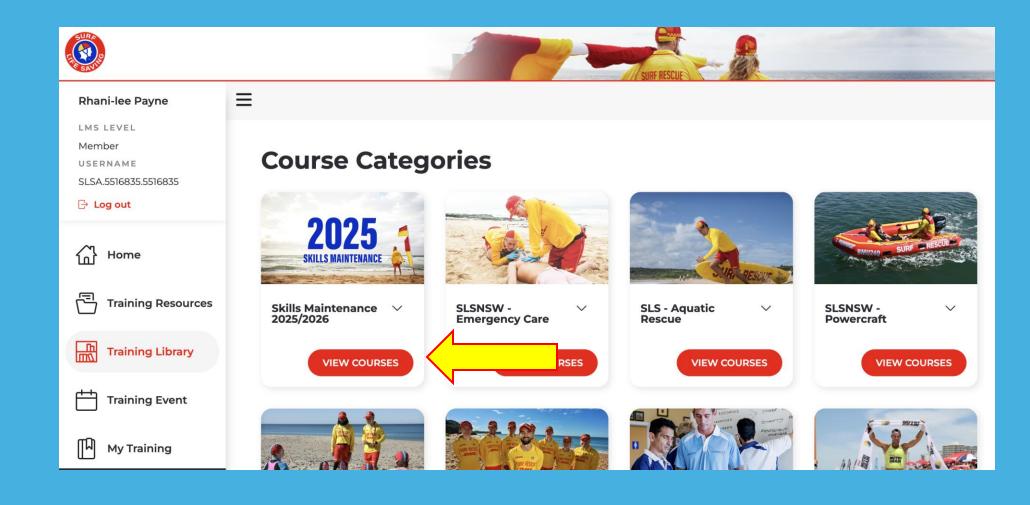


This is the home page of your E learning. Please then click into the 'TRAINING LIBRARY'





In the training library you will see the below, please choose the '2025 SKILLS MAINTENANCE'

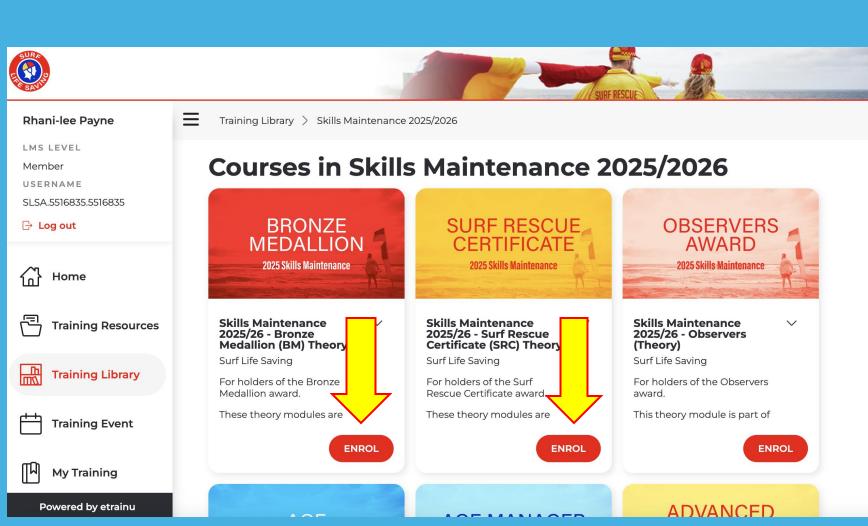




Once inside the skills maintenance please choose the course that applies to yourself.

- 'BRONZE MEDALLION'
 applies to those who have
 completed this award
 (usually over the age of 15)
- 'SURF RESCUE CERTIFICATE'
 applies to those who have
 completed this award
 (usually under the age of 15
 only.)

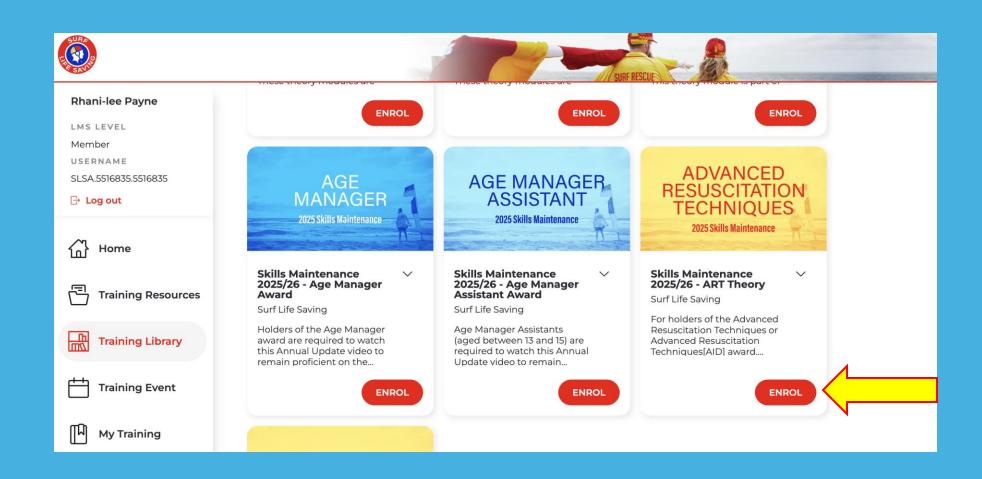
IF YOU HOLD ART AWARD PLEASE ALSO COMPLETE RELEVANT ONLINE.





If you hold your ART Award, please ensure to complete the online learning required.

Located in the same area just below the Bronze/SRC skills maintenance – refer to image here.

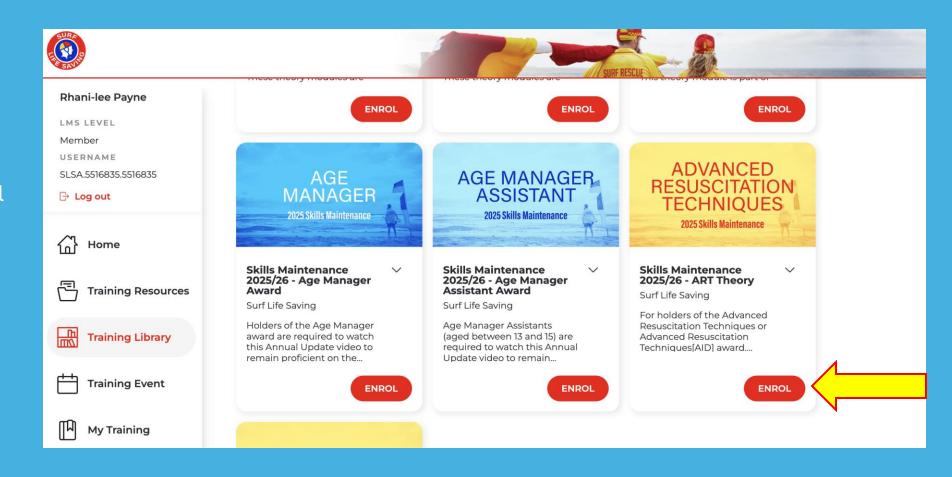




IMPORTANT ART AWARD PROFICIENCY INFO

If you are doing your ART proficiency, you MUST complete your Bronze proficiency FIRST.

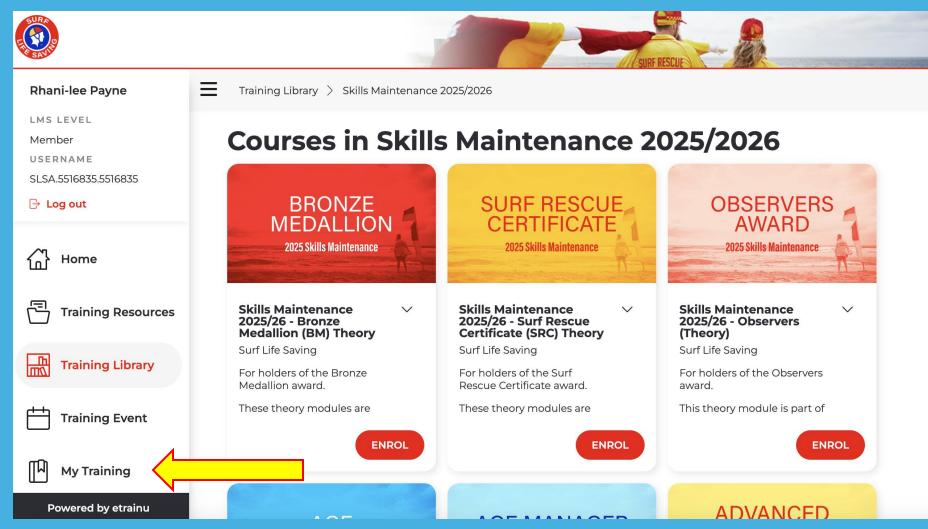
This is imperative - you will not be able to do ART without the online and Bronze proficiency being completed. You will be turned away if not done.





Remember when once you have enrolled in the course the course will be moved to your personal section – under 'MY TRAINING'.

If you were to enrol in the course and then not finish it for whatever reason. When you log back in you will find the course in this section.





Once you have completed your skills maintenance E learning you need to register to a session to attend the face-to-face session.

You can find these and register via 'TRAINING EVENT'.

PLEASE ONLY REGISTER WHEN YOU CAN ATTEND.

DO NOT REGISTER AND NOT SHOW UP.

