



Manly Nippers Carnival Checklist



Kit List

Required

- Pink High Vis Vest
- Red live heats competition bands (it is your first competition you will be able to pick them up on the day just turn up in good time)
- Manly Nippers cap

Suggested

- Swim cap and goggles (and spare)
- Spare Nippers cap & Vis vest
- Towels
- Sunscreen (spray is good for sandy Nippers)
- Black Sharpie pen (to write age groups, teams on arms)
- Board wax
- Wet weather gear and umbrellas
- Healthy snacks in resealable containers
- Water and/or sports drinks (many Nippers pack a Frozen water bottle)
- Glide/Vaseline for chaffing

Nippers should:

- be well rested & arrive no later than 30 mins before marshalling for their first event.
- wear club swimwear, cap & a Pink high-vis vest if competing in the water
- check in with their Age Manager & stay around their Age Tent, under the supervision of their parent/carer
- transport the board they intend to use to the carnival
- have plenty of fluids, high energy food, keep in the shade and reapply sun-block regularly throughout the day
- remain at the finish of a race wearing their club cap until dismissed by Officials
- wear their Manly Nipper cap whenever being awarded medals

Racing Rules

- **Breaking** – the first Nipper in any heat to Break before the start of the race will be given a warning. The warning applies to all Nippers. Any Nipper that breaks after that warning in that heat will be disqualified.
- Parents are not allowed in the competition area. Only Board Handlers wearing pink high vis and a Manly nipper cap can retrieve lost boards. This role will be allocated to a number of parents/other Nippers for the Iron races.
- Nippers must cross the finish line with their boards in board races.
- Any issues or protests must be made through your Age Manager – do not approach Carnival Officials directly
- NIPPERS MUST NOT LEAVE THE COMPETITION AREA WITHOUT FIRST BEING RECORDED AS BACK IN FROM THE WATER IN LIVE HEATS (a “missing” Nipper will lead to carnival shut down and the launch of a Search and Rescue Protocol – this is not cool if the Nipper has just gone back to their tent!)

Communication

- Join Team App “Manly Nippers” & “SLSSNB Surf Sports” to be kept up to date with events at the Carnival.
- Details of start times, warm ups, program etc will be posted under the Event on “Manly Nippers” Team App

Tents/Gear

- Each age group sets up & packs down their tent at carnivals (unless notified otherwise)
- All gear is to be returned cleaned immediately after the competition.

Age Managers

- will advise Nippers when an event is called and arrange for them to proceed to the Marshalling Area.
- will substitute team members if a Nipper is not within the Competition Area when their event is marshalled.



Volunteers

Don't forget to check your rostered Water Safety shifts and Officials Appointments

<https://www.surflifesaving.net.au/surf-sports/officials/appointments/>

A huge number of volunteers work together to run Carnivals. Every family has a role to play and if your Nipper has already competed for a year then a family member/carer will be required to qualify as an Official. By U11s we also expect most competitors to also have someone Bronze qualified to help with Water Safety.

In addition there are roles to play setting up tents, setting up the beach (for home carnivals) and helping out fundraising on BBQs. The Training & Competition levy only covers about 25% of our coaching & competition costs.