

# Manly Nippers – Carnival Checklist

## Kit List

- Manly Nippers cap (and spare)
- Sunscreen (spray is good for sandy Nippers)
- Swim caps and goggles (and spare)
- Board wax
- Wet weather gear and umbrellas
- Towels
- Healthy snacks in resealable containers
- Water and/or sports drinks
- Camp chair



## Nippers should:

- be well rested
- wear club swimwear, cap & a Pink high-vis vest if competing in the water
- arrive in good time for registration (sign in & get a leg tag)
- check in with their Age Manager & stay around their Age Tent
- arrive no later than 30 minutes before marshalling for the first event
- transport the board they intend to use to the carnival
- be under the supervision of their parent/carer
- have plenty of fluids, high energy food, keep in the shade and reapply sun-block regularly throughout the day
- remain at the finish of a race wearing their club cap until dismissed by Officials
- wear their Manly Nipper cap whenever being awarded medals
- check out with their Age Manager before they leave the Carnival area

## Logistics:

- The Club will transport Club foam boards/spare fibreglass and Board Rescue boards and these can be collected from and returned to the gear trailer at the carnival.
- Each age group is responsible for collecting & setting up their own tent at the carnivals (unless notified otherwise).
- Tents will be available for collection from the gear trailer at carnivals from 6:30am.
- All gear is to be returned cleaned immediately after the competition.
- Parents are requested to assist packing up tents and equipment, return boards to MLSC or the MLSC trailer and ensure the area is left clean.
- Carnival programs will be posted on Facebook & Team App prior to each event.

## Age Managers

- will advise the relevant Nippers when an event is called and arrange for them to proceed to the Marshalling Area.
- have the right to substitute team members if a Nipper is not within the Competition Area when their event is marshalled.

Assistance may be required in setting up the competition areas and packing and unpacking the trailer. This will be coordinated through your Age Manager, so please offer assistance.

**Don't forget to check the timing of your Water Safety/Official briefings and rostered time slots.**