



# NIPPER NATS



**The All Australian  
Junior Surf Carnival**

**Beach and Water  
Events for  
Under 9 to Under 14**



**Sunday 20th January 2019**

*Manly Beach*



## IMPORTANT CARNIVAL INFORMATION

### Officials & Water Safety

All clubs are required to supply their allocation of officials and water safety for this carnival, as outlined in the officials' appointments rosters. This is required to ensure the efficient and safe running of the event. Any clubs failing to meet their obligation in either may render their club's competitors ineligible to compete at the carnival, at the discretion of the Referee.

All competing clubs that are from outside the Sydney Northern Beaches Branch are to provide the following officials and water safety ratios as a minimum:

Note that all officials and water safety quotas have been based on actual competitor numbers.

### Mixed Cameron Relay Team Composition

Mixed Cameron Relay consists of 2 Female & 2 Male competitors. One of the Female athletes must either swim or paddle the board. There is a limit of 2 teams per club for this event. Please note that events will not be held up for competitors coming from the beach events.

### U9 & U10 Programs & General Program Timing

The U10 Beach program and U9 Water program will not start before 10:30 AM as a guide. This is to allow these competitors the opportunity to compete in both the water and beach events.

The program is subject to change depending on surf conditions.

### Hi-Viz Pink Rash Vests Requirement

Hi Viz pink rash vests must be worn for all water events. No other colour is acceptable for water safety reasons.

Competitors in faded pink rash vests may be asked by officials to change into a more appropriate quality rash vest. Failure to comply will result in the competitor not being able to compete in the event.

**Tide Information** - High Tide 08:43 AM 1.93m, Low Tide 14:55 0.22m

### Key Carnival Timings

Marshal	Start	Event
05:30 AM	06:00 AM	Swim can setup for Water Areas
05:45 AM	06:00 AM	Manly LSC Work Parties report for Beach & Water Area Setup
06:30 AM - 08:30 AM		Registration for all Competitors north of Manly LSC Surf Club
06:45 AM	07:00 AM	Team Managers Meeting for all clubs in front of registration desks



**MANLY NIPPER NATS PROGRAM – SUNDAY JAN 20<sup>TH</sup> - WATER AREAS**

<b>The Belle Property WATER AREA 1 (North)</b>	<b>The 7 News WATER AREA 2 (Central)</b>	<b>The Wirsol WATER AREA 3 (Central)</b>	<b>The Black Swan WATER AREA 4 (South)</b>
<b>U13 &amp; U14</b>	<b>U12</b>	<b>U11</b>	<b>U9 &amp; U10</b>
8:00 AM Start	8:00 AM Start	8:00 AM Start	8:00 AM Start
U13 Boys Surf Race Heats	U12 Boys Surf Race Heats	U11 Boys Surf Race Heats	U10 Boys Surf Race Heats
U13 Girls Surf Race Heats	U12 Girls Surf Race Heats	U11 Girls Surf Race Heats	U10 Girls Surf Race Heats
U14 Boys Surf Race Heats			U10 Boys Surf Race Final
U14 Girls Surf Race Heats	U12 Boys Surf Race Final	U11 Boys Surf Race Final	U10 Girls Surf Race Final
U13 & U14 Surf Race Finals	U12 Girls Surf Race Final	U11 Girls Surf Race Final	
			U10 Boys Board Heats
U13 Boys Board Heats	U12 Boys Board Heats	U11 Boys Board Heats	U10 Girls Board Heats
U13 Girls Board Heats	U12 Girls Board Heats	U11 Girls Board Heats	U10 Boys Board Final
U14 Boys Board Heats			U10 Girls Board Final
U14 Girls Board Heats	U12 Boys Board Final	U11 Boys Board Final	
U13 & U14 Board Finals	U12 Girls Board Final	U11 Girls Board Final	U10 Boys Board Relay Heats
			U10 Girls Board Relay Heats
U13 Boys Iron Person Heats	U12 Boys Iron Person Heats	U11 Boys Iron Person Heats	U10 Boys Board Relay Final
U13 Girls Iron Person Heats	U12 Girls Iron Person Heats	U11 Girls Iron Person Heats	U10 Girls Board Relay Final
U14 Boys Iron Person Heats			
U14 Girls Iron Person Heats	U12 Boys Iron Person Final	U11 Boys Iron Person Final	U10 Mixed Cameron Relay <sup>1</sup>
U13 & U14 Iron Person Finals	U12 Girls Iron Person Final	U11 Girls Iron Person Final	
			U9 Boys Surf Race Heats
U13 Boys Board Relay	U12 Boys Board Relay	U11 Boys Board Relay	U9 Girls Surf Race Heats
U13 Girls Board Relay	U12 Girls Board Relay	U11 Girls Board Relay	U9 Boys Surf Race Final
U14 Boys Board Relay			U9 Girls Surf Race Final
U14 Girls Board Relay	U11 Mixed Cameron Relay <sup>1</sup>	U12 Mixed Cameron Relay <sup>1</sup>	
			U9 Boys Board Heats
U13 Mixed Cameron Relay <sup>1</sup>			U9 Girls Board Heats
U14 Mixed Cameron Relay <sup>1</sup>			U9 Boys Board Final
			U9 Girls Board Final
			U9 Boys Board Relay Heats
			U9 Girls Board Relay Heats
			U9 Boys Board Relay Final
			U9 Girls Board Relay Final
			U9 Mixed Cameron Relay <sup>1</sup>

Note 1: Mixed Cameron Relay consists of 2 Female & 2 Male. One of the Female athletes must either swim or board. Limit of 2 teams per club.



**MANLY PROGRAM – SUNDAY JAN 20<sup>TH</sup> – BEACH AREAS**

<b>1 Km Run</b>
Marshal 7:00 AM for 7:15 AM Start
U9 to U14 (Note: Start & Finish from Corso Pipe and runs north towards Queenscliff Beach)

<b>Sprint Track 1 (U9/U10/U11)</b>	<b>Sprint Track 2 (U10/U12/U13/U14)</b>	<b>Flag Pit Pair 1 (North) U9/U10/U11/U12</b>	<b>Flag Pit Pair 2 (South) U9/U10/U12/U14</b>
8:00 AM Start	8:00 AM Start	8:00 AM Start	8:00 AM Start
U9 Boys & Girls Sprints (Heats & Finals)	U14 Boys & Girls Sprints (Heats & Finals)	U13 Boys & Girls Flags	U12 Boys & Girls Flags
U9 Boys & Girls Relays (Heats & Finals)	U14 Boys & Girls Relays (Heats & Finals)		
		U11 Boys & Girls Flags	14 Boys & Girls Flags
U11 Boys & Girls Sprints (Heats & Finals)	U13 Boys & Girls Sprints (Heats & Finals)		
U11 Boys & Girls Relays (Heats & Finals)	U13 Boys & Girls Relays (Heats & Finals)		
		U9 Boys Flags	U9 Girls Flags
	U12 Boys & Girls Sprints (Heats & Finals)		
	U12 Boys & Girls Relays (Heats & Finals)		
		U10 Boys Flags	U10 Girls Flags
U10 Boys Sprints (Heats & Finals)	U10 Girls Sprints (Heats & Finals)		
U10 Boys Relays (Heats & Finals)	U10 Girls Relays (Heats & Finals)		
Note: Age groups may be moved between pits as they become available. U10's may start with Sprints depending on availability of sprint tracks & flag pits.			